

# Randolph Field Independent School District

Post Office Box 2217  
Universal City, Texas 78148-1217

Billy Walker  
Superintendent  
210-357-2300

September 14, 2009

Dear Parent/Guardian:

You are aware by now that our country is expecting a very active flu season this year. Our district is working closely with Randolph Air Force Base administrative and medical leadership to ensure the best response possible to all potential problems related to both the regular flu and the H1N1 Virus.

It is our desire to keep our schools open for our students and to function as we normally do throughout the flu season. We will work diligently to monitor and limit the spread of the flu and we need your assistance to be successful in this endeavor. Please:

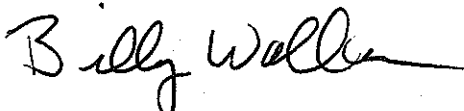
- **Know the signs and symptoms of the flu.** Symptoms of the flu include fever (100 degrees Fahrenheit, or greater), cough, sore throat, a runny or stuffy nose, body aches, headache, and feeling very tired. Some individuals may also vomit or have diarrhea.
- **Do not send children to school if they are sick.** Any children who are determined to be sick while at school will be sent home. It is important to plan now in case your child becomes ill.
- **Keep sick children at home** for at least 24 hours after they no longer have fever or do not have signs of fever, without using fever-reducing drugs. Keeping children with a fever at home will reduce the number of people who may get infected.
- **Teach your children to wash their hands** often with soap and water or use hand sanitizer. You can set a good example by doing this yourself.
- **Teach your children** to cover up their coughs or sneezes using the elbow, arm or sleeve instead of the hand when a tissue is not available.
- **Teach your children not to share personal items** like drinks, food or unwashed utensils.

Our school nurses will closely monitor flu-like symptoms in our schools. We will send home any students or staff members who are showing flu-like symptoms and recommend they visit a medical provider.

Let me assure you that the health and well-being of all students is our top priority. We will continue to monitor this public health situation and work with you to limit the spread of influenza.

As we have more information on this topic, we will communicate it as quickly as possible on our website [www.rfisd.net](http://www.rfisd.net). Additional information on the flu and the H1N1 virus can be found at [www.cdc.gov](http://www.cdc.gov), and [www.sanantonio.gov/HEALTH/SwineFlu.html](http://www.sanantonio.gov/HEALTH/SwineFlu.html).

Sincerely,



Billy Walker